

# Key Takeaways From the 2021 ADEA Annual Session & Exhibition

## DAY 1: Transformation

### SUNDAY PLENARY FEATURING SHANKAR VEDANTAM

- **Prioritize the important.** The national response to the COVID-19 pandemic demonstrated the perception that, while “important,” oral health was not “urgent” (i.e., essential).
- **Beware of “confirmation bias.”** The tendency of people to favor information that confirms or strengthens their beliefs or values can be difficult to dislodge once affirmed. See ways to void or mitigate this type of bias.
- **Address obstacles to change.** When leading a group through change, (1) establish/rebuild trust, (2) reframe the challenge and (3) focus on what binds rather than divides those involved.



### ADEA CHAIR OF THE BOARD SYMPOSIUM

#### *A Two-way Street: Primary Care and Oral Health Integration Training*

- **It will take time.** The integration of oral health and primary care won't happen overnight, but it won't happen at all if we do nothing.
- **Massive success does not require massive change.** Tiny improvements/habits can have compounding and long-term impact.
- **Transform care.** Recognize and act on opportunities to treat the entire patient.

## DAY 2: Diversity and Inclusion

### ADEA TAPESTRY TABLE PLENARY FEATURING EMMITT SMITH

- **You are clothed with a measure of talent.** Your individual gifts will open doors for you. Use those opportunities to get to know and understand others.
- **Expand your perspective.** Learning about other cultures and places promotes awareness.
- **Mentorship is vital.** The influence of key mentors and supporters can have a profound impact on personal success.
- **Personal challenge.** Establish a relationship with a mentor/mentee who doesn't look like you. Consider someone who is a member of a historically underrepresented community.



### ADEA CHAIR OF THE BOARD SYMPOSIUM

#### *Missing at the Table: Exploring Administrative Pipeline Gaps and Solutions*

- **Understand what it takes to be successful.** Develop a network of support where you are both a provider and receiver of that support.
- **Get a coach!** Leadership training is essential and your coaching needs change as you move through your career.
- **Representation matters.** Expanding representation and opportunity must be intentional.

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## DAY 3: Innovation

### TUESDAY PLENARY FEATURING PHILIP WANG

- **Adaptation.** A sustainable model for any enterprise requires constant adaptation and readiness to transform.
- **Representation matters.** If a group is not represented, their perspective will be absent.
- **Send the elevator back down.** Be sure to help those behind you navigate the challenge and ensure the focus on diversity and inclusion is not neglected.



### ADEA CHAIR OF THE BOARD SYMPOSIUM

#### *Utilization of Teledentistry for Children and Adults With Developmental Disorders*

- **Educators teach to the future.** Dentistry changed in 2020 with new skills. CODA 2-25 changed expectations for access to care for patients with intellectual and developmental disability (IDD).
- **External student clinical rotations.** Treating adults with IDD in their natural settings was impacted by COVID-19 restrictions for many schools.
- **Teledentistry is evolving.** Educators are using this technology to improve interaction with students and patients with IDD during the pandemic and beyond.