

# Dental Opioid Guidelines

We convened a multidisciplinary consortium of dentists, periodontists, oral and maxillofacial surgeons, endodontists, and patients to develop ideal opioid prescribing patterns after common dental procedures utilizing a modified Delphi approach. Best prescribing practices are listed for post-operative narcotic naive patients at discharge.

Procedure	Start with this*	If needed, maximum Oxycodone 5 mg pills recommended
<b>Routine Tooth Extractions</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	0
<b>Extractions of impacted teeth including 3rd molars</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	15
<b>Surgical extractions</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	12
<b>Alveoloplasty</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	12
<b>Bone grafting procedures</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	12
<b>Soft tissue procedures</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	0
<b>Gingivectomy</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	0
<b>Flap procedures</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	0
<b>Osseous procedures</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	0
<b>Periodontal bone grafting and regeneration procedures</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	6
<b>Soft tissue grafting procedures</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	10
<b>Implant surgery</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	10
<b>Peri-radicular surgery</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	4
<b>Tooth resection/root amputation</b>	Acetaminophen and/or Ibuprofen (NSAIDs)	0

\*Acetaminophen 1g PO 8 hours, Ibuprofen 400mg PO 8 hours (unless contraindicated)