Case Study 1

Exercise Part II  Amy Kim, Phil Patston, Pam Jurgens-Toepke

Mrs. Adea is a 55 year old caucasian female. She hates other mini-van driving soccer moms. She
notices that she gets a butterfly like rash on her cheeks when watching soccer games. She has
painful red blisters in her mouth that are recurring. Her joints are swollen and painful. Her hot
flashes make her irritable. Her neighbors complain about the dozen feral cats that live on her
property and are fed daily by Mrs. Adea.

Mrs. Adea goes to the dentist for a recall visit. She mentions to the hygienist that she has
recurring painful blisters. The hygienist mentions the findings to Dr. Molar. Dr. Molar takes an
extensive health history and notices the rash on her cheeks and her swollen knuckles. She asks
Mrs. Adea if she has reduced salivary output.

IPEC core competencies: Interprofessional communication, teams and teamwork

Professionals consulted: Dentist, Ob/gyn, Rheumatologist, psychologist, dermatologist, internist

Dx: Lupus with secondary Sjogrens and Rheumatoid Arthritis, anxiety, hormone problems,
pemphigoid oral lesions

Send this to Anthony Palatta
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An overweight 38-year old female presents at an FQHC dental health clinic. Her primary complaint is lower jaw pain, but she says she is frequently short of breath, fatigues easily, and is worried about her ability to care for her young children. We learn that she has a variety of other health care concerns include: severe periodontal disease, adult-onset diabetes, and a history of cardiac issues (hypertension and COPD). The dental assistant notices that this person reeks of smoke. We also learn that she is a single mother with two children (ages seven and two) who has not worked outside the home since the birth of her first child. She has no insurance, and, as a result, she has not had a physical exam or regular dental visits for at least seven years.

1. How would you prioritize this patient’s health care needs?
2. Which health professions should provide care to this patient?
3. What would be the roles of the health professionals who need to be involved?
4. How would you know and evaluate that the patient’s care was coordinated?
5. Which of the IPEC Domains/Competencies would be most important in managing this patient’s care?
6. What would success look like in this case?